

It's okay to feel anxious or worried about this change, I know I do!

When the lockdown started I was going through a crazy time. I had just said goodbye to a close friend in year 13, who finished sixth form three months early due to the outbreak of coronavirus. I also noticed that due to the circumstances I had to teach my A Levels to myself. I felt like everything was changing and I didn't know what to do.

Before the lockdown I was used to having a routine and being able to control everything that was happening around me. With the news of the lockdown I found this really hard and had to find a way to keep the routine. I created timetables on what needed doing within the week and focused on completing the deadlines due in.

There have been times where I have had bad days but when this happens I know there is people around me who are supportive which gets me through it. I think of the hard work the key workers are taking part in to help everyone who is suffering from covid19 and I'm thankful we have them even though they are putting themselves at risk.

Eleanor aged 17

